



## Sacred Heart of Jesus Catholic Church

Diocese of Belleville

Office: (618) 286-4373

email: [sacredheartdupo@gmail.com](mailto:sacredheartdupo@gmail.com)

Office Hours:

Website: <https://sacredheartdupo.org>

By Appointment

130 South Third Street, P. O. Box 35

Dupo, Illinois 62239

Administrator: Reverend Andrew J. Knopik



*The Very Reverend Godfrey Muller, OSB*  
Administrator of the Diocese of Belleville



### Parish Staff

Trustees:	Ms. Rose Jordan
	Mr. Dennis Martin
Parish Council President	Mr. Idus Cleveland
Secretary/Bulletin:	Mrs. Joan Scharf
Webmaster:	Mr. David Vernon
Liturgy Committee:	Mrs. Peggy Hoffmann
	Ms. Karen Pratt

### Parish Organizations and Meetings

**Parish Council**-Second Tuesday of the Month @ 3:30 pm

**Women's Club**-Meetings are on the third Tuesday of the month at 6 pm (except June-August)

**Quilters**-Every Tuesday after 8 am Mass

**Knights of Columbus**-First (Business meeting @ 7:00 pm) and Third Wednesday (Social @ 7 pm)

**Society of St. Vincent DePaul**-First Monday of the month at 6:30 pm at Immaculate Conception Parish, Columbia in the Garden Level (except June-August)

### Worship Opportunities

**Saturday Vigil Mass:**

5:00 p.m. at Holy Family, Cahokia

**Sunday Masses:**

8:00 a.m. Mass at Sacred Heart

9:00 a.m. Latin Mass at Holy Family (Log church)

10:00 a.m. Mass at Holy Family

**Weekday Masses are at 8:00 a.m.**

**No Monday Morning Mass**

**Sacred Heart:** Tuesday and Thursday

**Holy Family:** Wednesday and Friday

**Reconciliation**

Sunday at 7:30 a.m. and by appointment

**Rosary**

First Saturday of the month at 10:00 a.m.;  
Depending on weather, we will meet in the church or Mary Garden

**March 8, 2026**

**Third Sunday in Lent**

**Year A**

A priest was talking to his ten-year-old catechism class and asked, "Who can tell me something about Easter?" A little girl raised her hand and said "That's when they hide all the eggs." The priest said, "Yes, but that's not really the religious meaning, is it?" Another girl raised her hand and said, "Easter, that's when I always get a chocolate rabbit." Once again the priest said, "That's nice, but that really isn't the religious meaning, is it?" Finally, little Johnny raised his hand and said, "Father, I know. On Good Friday, Jesus was crucified." And the priest excitedly said, "Yes." And Johnny said, "And the next day, he was placed in a cave behind a big boulder." And the priest grew more excited that one of the children seemed to really know. Then, Johnny said, "On Easter Sunday, the boulder rolled back and Jesus came out." And the priest couldn't contain himself any longer, happy that he had reached at least one child and he said, "Yes, yes, then what happens?" And little Johnny said, "And if Jesus sees his shadow, we are going to have six more weeks of winter."


St. Paul explains to the Romans in our second reading just how much God loves us. "But God proves his love for us in that while we were still sinners Christ died for us." (Romans 5:8) I myself find this interesting since the first reading from Exodus and John's Gospel reading tell a story of people who do not recognize God or Jesus Christ. Then I found my own challenge. How many times when things are hard or not going my way do I lose sight of God's face? I am quick to praise God when I enjoy the gifts I receive, but when I stand in the desert of my days am I blind to God? Do I fail to recognize Him? Am I blinded by my heart of stone?

Just as God reveals Himself by providing Moses the gift necessary to take care of the Israelites in the desert; Jesus revealed Himself to the Samaritan woman at the well. God desires everyone to be reconciled unto Himself. That is the point St. Paul makes to the Romans. We are all important to God. Just as a parent loves each of their children despite their shortcomings or challenges, God loves us and wants us to be with Him for eternity. He even went so far as to send His only Son to die for us! A parent's love has no bounds. Lent is a perfect time to stand in the desert of our lives and recognize God's perfect love for us. We just have to take off the blinders on our hearts and see Him.~Joan

**THIS WEEK IN THE PARISH**

(+ Deceased)

**Sunday, March 8, The Third Sunday of Lent**  
Daylight Saving Time begins

+  7:30 a.m. Confession is available  
8:00 a.m. @ Sacred Heart-Uhrhan  
**Family members, living and deceased**  
9:00 a.m. Coffee and donut fellowship in the parish center



9:00 a.m. Latin Mass in the Log Church-Fred & Elaine  
**Fitzpatrick Family, Living and Deceased**  
10:00 a.m. @ Holy Family-Dennie Dengler+


**Monday, March 9, St. Frances of Rome, Religious**  
No Mass

**Tuesday, March 10, Weekday in Lent**  
8:00 a.m. @ Sacred Heart -Jill Jackson+

**Wednesday, March 11-Weekday in Lent**  
8:00 a.m. @ Holy Family-Virgil Dively+

**Thursday, March 12-Weekday in Lent**  
8:00 a.m. @ Sacred Heart-Nancy Merkley+

**Friday, March 13-Weekday in Lent**  
8 a.m. @ Holy Family-Holy Family Parishioners


 **Stations of the Cross:**  
Holy Family after morning Mass  
6:30 p.m. @ Sacred Heart



**Saturday, March 14, Vigil of the Fourth Sunday of Lent**  
(Laetare Sunday)

5:00 p.m. @ Holy Family-Jean, Danny, and Tracy Burch

**Sunday, March 15, The Fourth Sunday of Lent**  
Laetare Sunday

+  7:30 a.m. Confession is available  
8:00 a.m. @ Sacred Heart-Verna Ramirez+  
9:00 a.m. Latin Mass in the Log Church- Helen and Ron Whited and Family  
10:00 a.m. @ Holy Family-Zavala Family Intentions



Join us in the Parish Center after Mass for Coffee and Donut Fellowship.



**The Women's Club Quilt Raffle**

The Quilter's have another beautiful quilt ready and the raffle is **Sunday, March 8, 2026**. Tickets are still available in the back of church. **Patrons will have the opportunity to take the quilt or \$100 cash!**

For questions or extra tickets, please look in the box in the back of church or see Carol McClanahan or Mickey Casey.



**Parish SUPPORT**

Please prayerfully consider your own stewardship and pray for the financial well being of Sacred Heart Parish

March 1, 2026

**General Collections**

Envelopes (13)	\$935.00
Loose	7.00
Candles	0.00
On-line Donations	\$ 0.00
<b>Total General Collections</b>	<b>\$942.00</b>
<b>Total Deposit</b>	<b>\$942.00</b>

Thank you for your generous support of our church.

**On-Line giving available.** You have the ability to safely and securely donate to Sacred Heart at: <https://sacredheartdupo.org/donate>.



**The Fourth Sunday in Lent**  
March 15, 2026



**Sacristan:**  
**Lector**  
**Host**  
**Choir Host**

**Rose Jordan/Joan Scharf**  
**Geri Basinski**  
**Geri Basinski**  
**Emily Weber**



During this time of Lent, prayerfully consider your stewardship for the following Almsgiving opportunities.

Visit: [www.diobelle.org](http://www.diobelle.org)

Today, March 8, 2026 **Catholic Service and Ministry Appeal (CSMA) stewardship renewal begins.**

Sunday, March 15, 2026 **Catholic Relief Services Collections**

**TRIVIA**

*night*

**FUNDRAISER**

Have your reservations?  
Trivia Night fun  
next Saturday, March 14, 2026  
See the full details on page 5  
or contact one of the Co-Chairs  
Karen Pratt or Sherri LaCroix

**You still have time to reserve your table!**

**SPECIAL PRAYER REQUESTS PLEASE PRAY FOR:**

Paul Adams, Tony Albers, Cassidy Aldridge, David and Sandy Anderson, Laretta Anzalone, Kim Arnold, Lindsey Arnold, Donita Baldwin, Aubrey Bayard, Benjamin Bassler, Monica Bauer, Lydia Boyer and family, Jolene Carroll, Mildred Casey, Richard Chartrand, Todd Clasquin, I.D. Cleveland, Hannah, Julie Duke, Jerry and Marilyn Dycus, Mary Engleman, Eli Fielder, Loretta Gardner, Marion Gautreaux, Erica and Michael Golightly, Phyllis and Michael Gould, Joseph Gourley, Mary Gramm, Bryant Hahn, Christ Hallerman, Susan Heape, Jerry Hight, Linda Johnson, Earnest Jordan, Norma Karstetter, Richard Kelling, Maryann Klosterman, Hailey Kofron, Candice LaCroix, Constance LaCroix, William LaCroix, Randy Ladyman, Allen Lalk, Alice LaMastus, Steve Lawlor, Barbara Mallory, Linda Martin, Michele Martin, Duane McClanahan, Geraldine McCoy, Scott McIntosh, Joanna and Ron Mentel, Robin Miller, Sr. Emile Morgan, Tammy Murdoch, Kady Myers, Brian Nobbe, Dillan Oberson, Parker, Bill Pennock, Alyssa Rhyne, Kim Ross, David Ryder, Mary Schmid, Paul Schonlau, Dawn Snider, Abby Steffen, Kingston Todd, Patty Urke, Joshua Wade, Evermore Ashlyn Wagner, Grace Wagner, Maryann Wagner, Angela and Emily Weber, Dave Werner, James Whipple, Ashlei Wilson and Steve Wilson.

**Please remember teenagers and their overwhelming challenges. *\*If you know of someone that needs to be added or removed from this list, please let Joan Scharf know as soon as possible.\** Six day votive candles are \$3.00**

**Please remember our Service Men and Women protecting our freedom!**



**Tressa Tucker, U.S. Air Force**

Sister of Jake Weber

**Hunter Kelling, U. S. Navy**

Son of Holly and Travis Kelling

**Joseph F. Gloeckner, U. S. Navy**

Son of Michael and Renee Gloeckner



**\*Mass Intentions are a wonderful way to remember your loved ones, those who have special needs, or any special occasion. The recommended offering is \$10.00. Put your intention and money in the collection basket or send it to Joan at the parish office, P. O. Box 35, Dupo, Illinois 62239.\* Available NOW!**

**Hospital Visitations**-Due to the new privacy laws most hospitals are not notifying the Pastor of parishioners who are in the hospital. If you or a loved one is in the hospital and wish for Reverend Andrew Knopik to visit, please leave a message for him at (618) 207-1308 with the name, hospital, and room number (if you have it).

**Home Visitation and Communion**-If anyone would appreciate a visit or Communion brought to their home please call Reverend Andrew Knopik at (618) 207-1308 or leave a message at the parish office (618-286-4373).

**Hall Rental**-For hall rental information please contact Karen Pratt at (618) 541-8698. The Parish Policy and Rental Agreement can be found on the website: <https://sacredheartdupo.org>

**Where to Watch Mass**-<https://www.youtube.com/@SacredHeartCatholicChurch-Dupo> or on our *Facebook* page at: [Sacred Heart Parish, Dupo, IL](https://www.facebook.com/SacredHeartParishDupoIL)

**To get a digital copy of the bulletin** just send your email address to [sacredheartdupo@gmail.com](mailto:sacredheartdupo@gmail.com)



♪Happy Birthday to ♪ ♪ ♪You....Happy ♪ birthday ♪ to you...happy♪

birthday ♪ ♪dear...**March: 10th-Jagger Kenner and Geraldine McCoy**

**17th-Lindsey Kenner**

**24th-Ron Mentel**

**26th-Barbara Cleveland 27th-Tim Frederick**

**May each of you be richly blessed by the Lord! From Your faith family.**



### Lenten Abstinence and Fasting Regulations

Ash Wednesday and Good Friday are **obligatory days of fasting and abstinence for Catholics**. In addition, Fridays during Lent are obligatory days of abstinence. For members of the Latin Catholic Church, **the norms on fasting are obligatory from age 18 until age 59**. When fasting, a person is permitted to eat one full meal, as well as two smaller meals that together are not equal to a full meal. The norms concerning abstinence from meat are binding upon members of the Latin Catholic Church from age 14 onwards. If possible, the fast on Good Friday is continued until the Easter Vigil (on Holy Saturday night) as the "paschal fast" to honor the suffering and death of the Lord Jesus and to prepare ourselves to share more fully and to celebrate more readily his Resurrection.

These guidelines can be found at: [usccb.org](http://usccb.org)



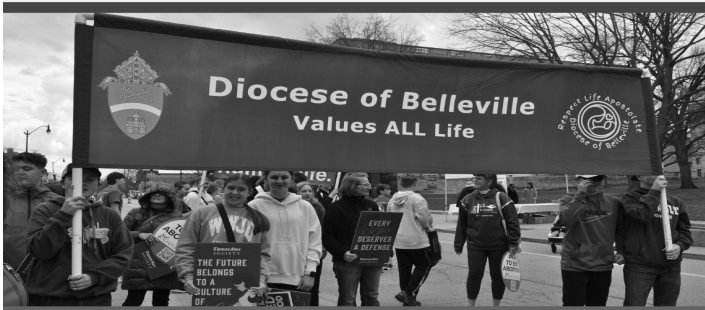
**Catholic Service Ministry Appeal 2026 begins . . .**  
*The one who does justice will live in the presence of the Lord - Psalm 15*

This weekend our parish has an opportunity to support the Catholic Service and Ministry Appeal. Each year, through our prayers and gifts to the Appeal, diocesan ministries continue to feed the hungry, welcome the stranger, care for the sick and elderly, educate children, reach out to youth, train lay ministers and catechists and so much more. If you did not receive a pledge card in the mail or forgot to bring it, please use one of the envelopes available in your pew or bring your card next week. Your contribution will touch the lives of thousands of people throughout southern Illinois; on behalf of each of them, please accept our heartfelt thanks.

*Vocation Corner*

Sr. Maris Stella once served her country. Her military career began at the U.S. Naval Academy in Annapolis. Her initial assignment was as gunnery officer on a destroyer off the coast of South America in pursuit of drug traffickers. "I served in the Navy, and I tasted many of the good things that this world has to offer, but I knew my heart was made for something more." When I met the Sisters of Life, it was everything in my heart being lived out in a joyful way...offering support and resources to pregnant women and mothers and helping women who suffer after abortion. She entered the Sisters of Life in 2006, and in 2015, she moved to Denver to start a new convent "because women in college are very vulnerable..."  
 Sr. Maris Stella; Denver Sisters of Life Catholic War Veterans Magazine; March 2024

**ILLINOIS PRO LIFE MARCH**



**JOIN US AT THE ILLINOIS PRO-LIFE MARCH**  
**MARCH 19, 2026 | SPRINGFIELD, IL**

10:00 AM – Holy Mass – Exposition Hall, State Fairgrounds  
 1:00 PM – Rally – State Capitol Building  
 2:00 PM – March Around the Capitol

A FREE TICKET IS REQUIRED FOR MASS  
 Contact Molly King to reserve your tickets: [mking@diobelle.org](mailto:mking@diobelle.org)

For information on bus transportation, T-Shirts, and parking visit [www.diobelle.org/respectlife](http://www.diobelle.org/respectlife)



**Respect for Life Corner**

The Gospel of Life is "meant to be a precise and vigorous reaffirmation of the value of human life and its inviolability, and at the same time a pressing appeal addressed to each and every person, in the name of God: respect, protect, love and serve life, every human life! Only in this direction will you find justice, development, true freedom, peace and happiness!" Pope Saint John Paul II, *Evangelium vitae*. © 1995 Libreria Editrice Vaticana. Used with permission.

**The Metro-East Vicariate Council of Catholic Women (MEV CCW) Spring Day of Prayer**  
**Tuesday, May 5, 2026 at Queen of Peace Parish, Belleville**  
**Registration begins at 8:15 a.m.**

Events include: Eucharistic Celebration; Fr. Godfrey Mullen, OSB speaking on Stewardship of Faith: Sharing the Gift We've Been Given; Spiritual Exercise; Pot of Gold (50/50) Drawing; Basket Raffle; Attendance prizes; Empty Boxes of Joy pickup; Collection of personal care items for Our Brothers Keepers (cash donations also accepted); Short business meeting with installation of new officers and parish council reports.

**Note:** We will need to be finished by 2:00 in order to allow safe pickup for the QofP students, so my goal is to keep things running on time.

It really will be a great day! The Agenda and Registration forms are in the back of church. Registration online at:  
<https://forms.gle/nWT9J8gob6Xcz1t39>

The Diocese of Belleville is seeking a **Buildings and Grounds Technician**. Candidates should have a minimum of a high school diploma or GED, and five or more years' experience with building maintenance and repairs.  
**Visit:** <https://www.diobelle.org/temporal-affairs/human-resources/employment-opportunities> for the full advertisement. **Deadline: March 13, 2026**

*Gaudeamus*  
 — Let Us Rejoice!  
**SEMINARIAN GALA**  
 Answering the Call. Supporting the Journey.

**Saturday, April 11**  
**Holy Trinity Church**  
**Fairview Hts., IL**  
 4:00 pm - Mass  
 5:00 pm - Cocktail Hour  
 6:00 pm - Dinner & Auction



To Register please visit - <https://www.diobelle.org/>  
 Or Scan the QR Code  
 For more information please contact Mary Fleming [mffleming@diobelle.org](mailto:mffleming@diobelle.org) or 618-722-5031



# Events around the Parish, within the Diocese and in the community

## Singles Late 50s and Above

Are you looking for a renewed sense of purpose & belonging? Register today for a life-changing RENEW weekend retreat at the Pallottine Retreat Center (30 min from downtown St. Louis), on **April 10-12, 2026**. Take a chance and get involved... you won't regret it!

For details visit us by-email: [renewretreat.stl@gmail.com](mailto:renewretreat.stl@gmail.com), on our website: [www.RenewRetreats.org](http://www.RenewRetreats.org), or by telephone at: (314) 703-1002 .



## DuKare

In this season of winter please remember there are many in our community that still need your help. All your donations are greatly appreciated; **Tuna Helper, Ramen noodles and cereal (hot or cold)** are desperately needed at this time. Direct questions to Geri Basinski, Rose Jordan, I.D. Cleveland, Christopher Cronin or Linda Martin. The DuKare team appreciates everyone for their generous donations that help feed those in need.

## SACRED HEART CHURCH

# Trivia

## March 14, 2026

Doors open at 5:30pm Trivia starts at 7:00pm

\$100 per table of 8 max  
paid in advance

All checks payable to Sacred Heart Church PO Box 35, Dupo, IL 62239

1st Prize \$200

2nd Prize \$100

3rd Prize \$50

What:  
silent auction  
50/50  
lottery board  
cooler of booze  
attendance prizes  
Mulligans \$10

Bring your own  
beverage and snacks  
  
Auction Items may be  
paid by cash/credit  
or bank card

Where:  
Sacred Heart Hall  
124 South 3rd St  
Dupo, IL 62239

Contact Sherri LaCroix 618-696-9451/Karen Pratt 618-541-8698

## Here's what's happening in the 2026 Liturgical and parish Calendars

Stations of the Cross	Fridays @ 6:30 p.m. (February 20-March 27, 2026)
<i>Trivia Night</i>	<b>March 14, 2026</b>
Palm Sunday	March 29, 2026
Chrism Mass at the Cathedral	March 31, 2026
Sacred Triduum	April 2-4, 2026
Easter Sunday	April 5, 2026
Solemnity Ascension of the Lord (Holy Day of Obligation)	Thursday, May 14, 2026
Pentecost Sunday	May 24, 2026
The Most Holy Body and Blood of Christ	June 7, 2026
Solemnity of the Assumption	August 15, 2026
Of the Blessed Virgin Mary (Saturday-obligation dispensed)	
Solemnity of All Saints Day	November 1, 2026
The First Sunday of Advent (we begin Cycle B readings)	November 29, 2026
Solemnity of the Immaculate Conception (Tuesday)	December 8, 2026
Solemnity of the Nativity of the Lord (Christmas)	Friday, December 25, 2026

**Stay tuned for other upcoming events!**

## The Messenger Catholic Newspaper is Offering Personalized Tributes for Easter

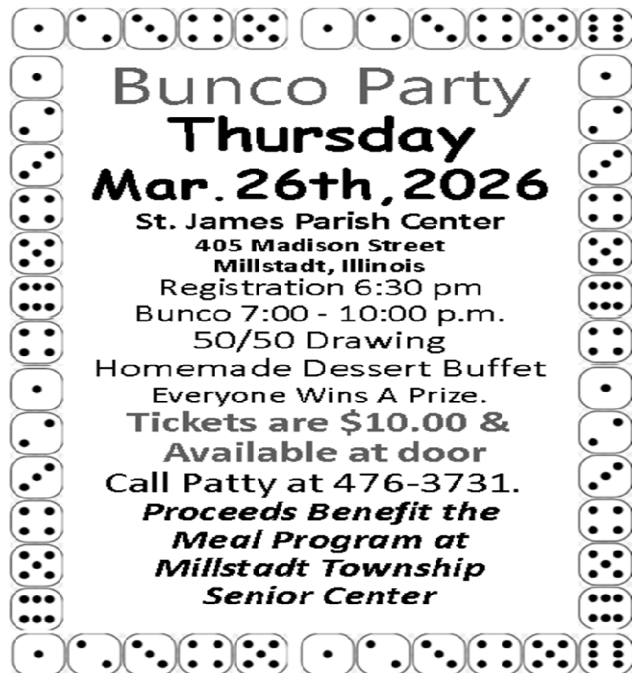
Your tribute will appear in the April 10th edition of the Messenger. The cost is \$20 per name.

Please return your Easter Tributes to the Messenger at 222 South Third Street, Belleville, IL 62230 by **Friday, March 20, 2026**. If you have any questions, please call (618) 722-5047 or email [advertising@bellevillemessenger.org](mailto:advertising@bellevillemessenger.org).

Request sheets are on the table in the back of church.

# Continue with Events around the Parish, within the Diocese and in the community

St. James Council of Catholic Women Presents...



**Bunco Party  
Thursday  
Mar. 26th, 2026**  
St. James Parish Center  
405 Madison Street  
Millstadt, Illinois  
Registration 6:30 pm  
Bunco 7:00 - 10:00 p.m.  
50/50 Drawing  
Homemade Dessert Buffet  
Everyone Wins A Prize.  
Tickets are \$10.00 &  
Available at door  
Call Patty at 476-3731.  
Proceeds Benefit the  
Meal Program at  
Millstadt Township  
Senior Center

**Take Me Out to the Ballgame Noon Luncheon  
Thursday, April 9, 2026**

**Doors open at 10 a.m. Luncheon 12 (noon)-2:30 p.m.**

**Where:** St. James Parish Center, 405 West Madison Street, Millstadt

**Menu:** Fried chicken, Au Gratin potatoes, seasoned green beans, slaw, Jello salad, dinner rolls, and dessert **Cost:** \$15

Fun activities: Quilt/Cash and Basket Raffles, Bingo, Sweet Shop and attendance prizes

Paid Advanced reservations required. Contact: Chris Toenjes at (618) 581-5429 or reserve on-line at:

[Onecau.se/2026ccwluncheon](http://Onecau.se/2026ccwluncheon)

**Tickets will not be sold at the door!**

**Retreat Day for Young Women  
Saturday, March 14, 2026 9:00 AM – 2:30 PM  
St. Nicholas, O'Fallon, IL**

High school and single young adult women are invited to join us for a diocesan day of prayer, sisterhood, and reflection with Sr. M. Karolyn Nunes, FSGM. This special day will include Mass, Adoration, inspiring talks, and lunch. It is open to any single young woman who desires to deepen her relationship with the Lord. **For questions** or more information, please contact [vocations@diobelle.org](mailto:vocations@diobelle.org).

Kings House at the National Shrine of Our Lady of the Snows Visitor Center presents...

*Church History Series: A History of  
Heaven and Hell*

**Presenter:** Mark Etling, PhD  
**When:** Saturdays, March 14, 21, 28, 2026  
**Time:** 10:00 am to 12:00 noon  
**Cost:** \$15 per session/\$45 for the series

### A History of Heaven and Hell

For centuries, thinkers both religious and secular have pondered the mystery of the afterlife. What happens when we die? Is there a place of eternal bliss – or eternal punishment? Will everyone experience happiness in the afterlife – or just some? Will we continue to exist at all? In this three-session series, we will explore the mystery of heaven and hell as it evolved in ancient Greek thought, in ancient Judaism, at the time of Jesus and in the theology of early Christianity.

**For more information call 618-397-0584 or go to [www.kh.snows.org](http://www.kh.snows.org)**



## Aid for Women SPRING LUNCHEON

5 | 7 | 26

**Skokie Country Club, Glencoe, IL**



**Guest Speaker:**  
**Mark Schultz**  
Platinum-Selling,  
Award-Winning Singer  
and Songwriter



**Invocation:**  
**Fr. Wayne Watts**  
Pastor of Saints Joseph  
and Francis Xavier  
Parish, Wilmette



**Scan for  
details &  
registration**

[helpaidforwomen.org/luncheon2026](http://helpaidforwomen.org/luncheon2026)