



Sacred Heart of Jesus Catholic Church

Diocese of Belleville

Office: (618) 286-4373

email: sacredheartdupo@gmail.com

Office Hours:

Website: <https://sacredheartdupo.org>

By Appointment

130 South Third Street, P. O. Box 35

Dupo, Illinois 62239

Administrator: *Reverend Andrew J. Knopik*



The Very Reverend Godfrey Muller, OSB
Administrator of the Diocese of Belleville



Parish Staff

Trustees:	Ms. Rose Jordan
	Mr. Dennis Martin
Parish Council President	Mr. Idus Cleveland
Secretary/Bulletin:	Mrs. Joan Scharf
Webmaster:	Mr. David Vernon
Liturgy Committee:	Mrs. Peggy Hoffmann
	Ms. Karen Pratt

Parish Organizations and Meetings

Parish Council-Second Tuesday of the Month @ 3:30 pm
Women's Club-Meetings are on the third Tuesday of the month at 6 pm (except June-August)
Quilters-Every Tuesday after 8 am Mass
Knights of Columbus-First (Business meeting @ 7:00 pm) and Third Wednesday (Social @ 7 pm)
Society of St. Vincent DePaul-First Monday of the month at 6:30 pm at Immaculate Conception Parish, Columbia in the Garden Level (except June-August)

Worship Opportunities

Saturday Vigil Mass:

5:00 p.m. at Holy Family, Cahokia

Sunday Masses:

8:00 a.m. Mass at Sacred Heart

9:00 a.m. Latin Mass at Holy Family (Log church)

10:00 a.m. Mass at Holy Family

Weekday Masses are at 8:00 a.m.

No Monday Morning Mass

Sacred Heart: Tuesday and Thursday

Holy Family: Wednesday and Friday

Reconciliation

Sunday at 7:30 a.m. and by appointment

Rosary

First Saturday of the month at 10:00 a.m.;
Depending on weather, we will meet in the church or Mary Garden

March 15, 2026

Fourth Sunday in Lent

Year A

At the pearly gates, St. Peter greeted a minister and congressman and gave them their room assignments. "Pastor, here are the keys to one of our nicest efficiency units. And for you, Mr. Congressman, the keys to our finest penthouse suite." "This is unfair!" cried the minister. "Listen," St. Peter said, "ministers are a dime a dozen up here, but this is the first Congressman we've ever seen."

In John's Gospel reading today, Jesus expounds on the fact that our trials are not because of sin. When the Disciples asked whose sin the blind man was paying for, his or his parents, Jesus explains that the blind man is not blind because of sin. We have heard Jesus say, "Do you not realize that everything that enters the mouth passes into the stomach and is expelled into the latrine? But the things that come out of the mouth come from the heart, and they defile." (Matthew 15:17-18 NAB) Jesus is teaching us a lesson on what defiles us. Through the hardness of our hearts sin comes from us. So why do we endure trials through this journey called life? "Trials are essential, faith-refining experiences designed to shift reliance from self to God, fostering endurance, spiritual maturity, and character." (www.churchofjesuschrist.org) They are meant to soften the hardened heart.

Like most of us we think that someone must have offended God when they are met with trials. Jesus tells them, and us, that is not the case. However, like the Disciples, Pharisees and Jewish community we see our trials, not as an opportunity to become closer to God, but as punishment. We have an easier time accepting our trials as a punishment than an opportunity for reconciliation. You may have heard the expression, "No good can come from this." How many times have you looked at your trials on the backside? Have you ever taken the time to look back at the trial and ask, "What good came from this?" The storm comes and leaves behind a beautiful, colorful rainbow. We are conditioned by this world to believe nothing good can come from the bad. I challenge you that the next time you are faced with a trial or challenge to quietly breathe and stand at the base of the cross. Look into Jesus' eyes full of pain and agony and then look into the empty tomb. Can you see the rainbow, so bright and beautiful after Jesus' storm? We all have storms to face, but perhaps we can take Jesus' words from John's Gospel this week and begin to realize there is a rainbow out of storm from our experience.~Joan

THIS WEEK IN THE PARISH
(+ Deceased)

Sunday, March 15, The Fourth Sunday of Lent
Laetare Sunday



7:30 a.m. Confession is available
8:00 a.m. @ Sacred Heart–Verna Ramirez+
9:00 a.m. Latin Mass in the Log Church– Helen and
Ron Whited and Family
10:00 a.m. @ Holy Family–Zavala Family Intentions

Monday, March 16, Weekday in Lent No Mass

Tuesday, March 17, St. Patrick, Bishop St. Patrick's Day

8:00 a.m. @ Sacred Heart –Sacred Heart

Women's Club members, living and deceased



Wednesday, March 18–St. Cyril of Jerusalem, Bishop and Doctor of the Church

8:00 a.m. @ Holy Family–Mary Jo Troske+

Thursday, March 19–Solemnity of St. Joseph, Spouse of the Blessed Virgin Mary

8:00 a.m. @ Sacred Heart–Charles and Joan Frederick+

Friday, March 20–Weekday in Lent

8 a.m. @ Holy Family–Fr. Gene Neff+



Stations of the Cross:

Holy Family after morning Mass
6:30 p.m. @ Sacred Heart

Saturday, March 21, Vigil of the Fifth Sunday of Lent

5:00 p.m. @ Holy Family–Helen J. Knopik+

Sunday, March 22, The Fifth Sunday of Lent



7:30 a.m. Confession is available
8:00 a.m. @ Sacred Heart–Dorine and Bernard
Uhrhan+

9:00 a.m. Latin Mass in the Log Church– Helen & Ron

Whited and Family

10:00 a.m. @ Holy Family–Pluff Family members, Living and Deceased



Parish Council Nominations are now open

We have two three-year and one two-year council position open for nominations in the April election. If you would like to nominate someone or be put on the ballot, please use the nomination form on page 6 and put it in the collection box in the back of church. Direct questions to Peggy Hoffmann. There is also one **Trustee position expiring** (please speak with Fr. Andy, **this is not a nominated position**).



The Women's Club Quilt Raffle

Congratulations to the Quilt Raffle winner, **Phyllis Gould from Dupo**.

Many thanks to our Quilters for another beautiful quilt and to everyone who bought or sold tickets. It takes the church family to make these raffles a success. Carol McClanahan, Quilt Raffle Chair



Parish SUPPORT

Please prayerfully consider your own stewardship and pray for the financial well being of Sacred Heart Parish

March 8, 2026

General Collections

Envelopes (15)	\$1,060.00
Loose	29.00
Candles	9.00
On-line Donations	\$ 200.00

Total General Collections

\$1,298.00

Special Collections

Catholic Service Ministry Appeal (8)	\$ 560.00
Black and Indian Mission (1)	25.00

Total Special Collections

\$ 585.00

Total Deposit

\$1,883.00

Maintenance Fund (3)

\$ 90.00

Mass Intentions ()

\$ 0.00

The Messenger (1)

\$ 5.00

Society of St. Vincent dePaul (1)

\$ 25.00

Thank you for your generous support of our church.

On-Line giving available. You have the ability to safely and securely donate to Sacred Heart at: <https://sacredheartdupo.org/donate>.



The Fifth Sunday in Lent
March 22, 2026



Sacristan:

Rose Jordan/Joan Scharf

Lector

Christopher Cronin

Host

Kathy Koebbe

Choir Host

Geri Basinski



During this time of Lent, prayerfully consider your stewardship for the following Almsgiving opportunities. Visit: www.diobelle.org

Sunday, March 8, 2026 Catholic Service and Ministry Appeal (CSMA) Collection begins.

Please make your check out to the parish and write **CSMA in the memo line.**

Sunday, March 15, 2026 Catholic Relief Services Collections

Laetare and Gaudete are Latin for "rejoice".

Why does the Church use two different words and the bright, happy color pink to express joy during the purple seasons of Advent and Lent? Except on the fourth Sunday of Lent, **Laetare Sunday** is an internal joy (a joy of anticipation that we feel because Jesus tells us he is going to make a place for us in His Father's house) and the third Sunday of Advent, **Gaudete Sunday** that is an outward expressed exuberant joy, (as we wait for the birth of the Savior). May today your heart feel the great love in Jesus' passion!

SPECIAL PRAYER REQUESTS PLEASE PRAY FOR:



Paul Adams, Tony Albers, Cassidy Aldridge, David and Sandy Anderson, Laretta Anzalone, Kim Arnold, Lindsey Arnold, Donita Baldwin, Aubrey Bayard, Benjamin Bassler, Monica Bauer, Lydia Boyer and family, Jolene Carroll, Mildred Casey, Richard Chartrand, Todd Clasquin, I.D. Cleveland, Hannah, Julie Duke, Jerry and Marilyn Dycus, Mary Engleman, Eli Fielder, Loretta Gardner, Marion Gautreaux, Erica and Michael Golightly, Phyllis and Michael Gould, Joseph Gourley, Mary Gramm, Bryant Hahn, Christ Hallerman, Susan Heape, Jerry Hight, Linda Johnson, Earnest Jordan, Norma Karstetter, Richard Kelling, Maryann Klosterman, Hailey Kofron, Candice LaCroix, Constance LaCroix, William LaCroix, Randy Ladyman, Allen Lalk, Alice LaMastus, Steve Lawlor, Barbara Mallory, Linda Martin, Michele Martin, Duane McClanahan, Geraldine McCoy, Scott McIntosh, Joanna and Ron Mentel, Robin Miller, Sr. Emile Morgan, Tammy Murdoch, Kady Myers, Brian Nobbe, Dillan Oberson, Parker, Bill Pennock, Alyssa Rhyne, Kim Ross, David Ryder, Mary Schmid, Paul Schonlau, Dawn Snider, Abby Steffen, Kingston Todd, Patty Urke, Joshua Wade, Evermore Ashlyn Wagner, Grace Wagner, Maryann Wagner, Angela and Emily Weber, Dave Werner, James Whipple, Ashlei Wilson and Steve Wilson.

Please remember teenagers and their overwhelming challenges. **If you know of someone that needs to be added or removed from this list, please let Joan Scharf know as soon as possible. Six day votive candles are \$3.00**

Please remember our Service Men and Women protecting our freedom!



Tressa Tucker, U.S. Air Force

Sister of Jake Weber

Hunter Kelling, U. S. Navy

Son of Holly and Travis Kelling

Joseph F. Gloeckner, U. S. Navy

Son of Michael and Renee Gloeckner



****Mass Intentions are a wonderful way to remember your loved ones, those who have special needs, or any special occasion. The recommended offering is \$10.00. Put your intention and money in the collection basket or send it to Joan at the parish office, P. O. Box 35, Dupo, Illinois 62239.* Available NOW!***

Hospital Visitations-Due to the new privacy laws most hospitals are not notifying the Pastor of parishioners who are in the hospital. If you or a loved one is in the hospital and wish for Reverend Andrew Knopik to visit, please leave a message for him at (618) 207-1308 with the name, hospital, and room number (if you have it).

Home Visitation and Communion-If anyone would appreciate a visit or Communion brought to their home please call Reverend Andrew Knopik at (618) 207-1308 or leave a message at the parish office (618-286-4373).

Hall Rental-For hall rental information please contact Karen Pratt at (618) 541-8698. The Parish Policy and Rental Agreement can be found on the website: <https://sacredheartdupo.org>

Where to Watch Mass-<https://www.youtube.com/@SacredHeartCatholicChurch-Dupo> or on our *Facebook* page at: [Sacred Heart Parish, Dupo, IL](https://www.facebook.com/SacredHeartParishDupoIL)

To get a digital copy of the bulletin just send your email address to sacredheartdupo@gmail.com



♪Happy Birthday to ♪ ♪ ♪You....Happy ♪ birthday ♪ to you...happy♪
 birthday ♪ ♪dear...**March: 17th-Lindsey Kenner 24th-Ron Mentel**
26th-Barbara Cleveland 27th-Tim Frederick

May each of you be richly blessed by the Lord! From Your faith family.



Lenten Abstinence and Fasting Regulations

Ash Wednesday and Good Friday are **obligatory days of fasting and abstinence for Catholics**. In addition, *Fridays during Lent are obligatory days of abstinence. For members of the Latin Catholic Church, the norms on fasting are obligatory from age 18 until age 59.* When fasting, a person is permitted to eat one full meal, as well as two smaller meals that together are not equal to a full meal. *The norms concerning abstinence from meat are binding upon members of the Latin Catholic Church from age 14 onwards. If possible, the fast on Good Friday is continued until the Easter Vigil (on Holy Saturday night) as the "paschal fast" to honor the suffering and death of the Lord Jesus and to prepare ourselves to share more fully and to celebrate more readily his Resurrection.*

These guidelines can be found at: usccb.org



If you have a free hour or two to help spruce up the church and parish center for Easter, join us on Monday, March 30, 2026 at 8:30 a.m. For questions please see I.D. or Barbara Cleveland.



Catholic Service Ministry Appeal 2026 begins . . .

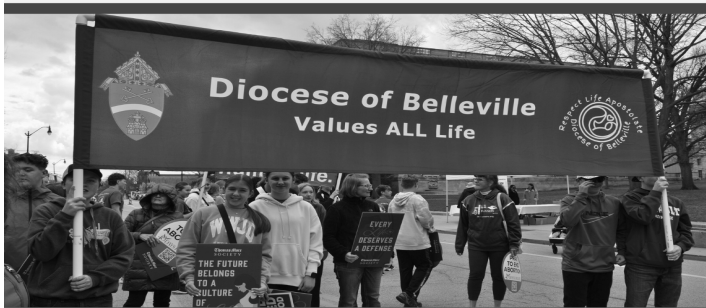
The one who does justice will live in the presence of the Lord - Psalm 15

On behalf of Father Godfrey Mullen, Diocesan Administrator, and diocesan ministries and programs, a most heartfelt thanks to all those who have already responded with a gift to the 2026 Catholic Service and Ministry Appeal. If you have not done so as yet, there's still plenty of time. One-time donations or pledges – in any amount – are needed and can be made through your parish or at www.diobelle.org (click on “Giving to the Diocese”). Your generosity supports 17 agencies and programs that daily serve thousands of people. Please consider making your gift today or at any time you are able in the coming months. We also ask for your prayers for the success of this year's appeal and all those we serve. Thank you and may God bless you always.

Vocation Corner

This Thursday, (March 19th), is the feast of the Solemnity of St. Joseph. “When Joseph awoke, he did as the angel of the Lord had commanded him.” (Matt 1:24). It was grace that moved Joseph to embrace his vocation as the guardian of Israel's Messiah. It's the same grace that empowers us to accept God's call and wisdom for our lives. Joseph's yes in faith changed the world. God also has a plan for your life. You don't know where your yes might lead and how God might use it. Ask St. Joseph to help. Then, like Joseph, go out in faith to be a “doer of the word” (James 1:22). (The Word Among Us)

ILLINOIS PRO LIFE MARCH



JOIN US AT THE ILLINOIS PRO-LIFE MARCH

MARCH 19, 2026 | SPRINGFIELD, IL

10:00 AM – Holy Mass – Exposition Hall, State Fairgrounds

1:00 PM – Rally – State Capitol Building

2:00 PM – March Around the Capitol



A FREE TICKET IS REQUIRED FOR MASS

Contact Molly King to reserve your

tickets: mking@diobelle.org

For information on bus transportation,

T-Shirts, and parking visit www.diobelle.org/respectlife



Respect for Life Corner

The Solemnity of Saint Joseph, Husband of the Blessed Virgin Mary, is celebrated on March 19th. This special day offers an opportunity to reflect on the beautiful gift of adoption and to seek St. Joseph's intercession for all those whose lives are touched by it. As we prepare for the Solemnity, we invite you to join us in praying the St. Joseph Adoption Novena, asking the Lord to bless and guide all who walk the path of adoption. Visit respectlife.org/adoption-novena for the novena, which begins March 10th.

The Metro-East Vicariate Council of Catholic Women (MEV CCW) Spring Day of Prayer
Tuesday, May 5, 2026 at Queen of Peace Parish, Belleville
Registration begins at 8:15 a.m.

Events include: Eucharistic Celebration; Fr. Godfrey Mullen, OSB speaking on Stewardship of Faith: Sharing the Gift We've Been Given; Spiritual Exercise; Pot of Gold (50/50) Drawing; Basket Raffle; Attendance prizes; Empty Boxes of Joy pickup; Collection of personal care items for Our Brothers Keepers (cash donations also accepted); Short business meeting with installation of new officers and parish council reports.

Note: We will need to be finished by 2:00 in order to allow safe pickup for the QofP students, so my goal is to keep things running on time.

It really will be a great day! The Agenda and Registration forms are in the back of church. Registration online at:

<https://forms.gle/nWT9J8gob6Xcz1t39>

The Messenger Catholic Newspaper is Offering Personalized Tributes for Easter

Your tribute will appear in the April 10th edition of the Messenger. The cost is \$20 per name.

Please return your Easter Tributes to the Messenger at 222 South Third Street, Belleville, IL 62230 by Friday, March 20, 2026. If you have any questions, please call (618) 722-5047 or email advertising@bellevillemessenger.org.

Request sheets are on the table in the back of church.

Gaudeamus — Let Us Rejoice! SEMINARIAN GALA

Answering the Call. Supporting the Journey.

Saturday, April 11
Holy Trinity Church
Fairview Hts., IL

4:00 pm - Mass

5:00 pm - Cocktail Hour

6:00 pm - Dinner &
Auction



To Register please visit -
<https://www.diobelle.org/>

Or Scan the QR Code

For more information please
contact Mary Fleming
mffleming@diobelle.org
or 618-722-5031




Events around the Parish, within the Diocese and in the community

Here's what's happening in the 2026 Liturgical and parish Calendars

Stations of the Cross	Fridays @ 6:30 p.m. (February 20-March 27, 2026)
Palm Sunday	March 29, 2026
Church and Hall cleaning	March 30, 2026
Chrism Mass at the Cathedral	March 31, 2026
Sacred Triduum @ Holy Family April 2-4, 2026	
Holy Thursday Mass @ 7 p.m.	April 2, 2026
Good Friday Service @ 7 p.m.	April 3, 2026
Holy Saturday Mass @ 8 p.m.	April 4, 2026
Easter Sunday Mass Schedule April 5, 2026	
	Sacred Heart @ 8 a.m.
	Holy Family @ 10 a.m.
Parish Council nominations due	April 5, 2027
Parish Council Elections	April 12 and 19, 2026
Solemnity Ascension of the Lord (Holy Day of Obligation)	Thursday, May 14, 2026
Pentecost Sunday	May 24, 2026
The Most Holy Body and Blood of Christ	June 7, 2026
Solemnity of the Assumption Of the Blessed Virgin Mary (Saturday-obligation dispensed)	August 15, 2026
Solemnity of All Saints Day	November 1, 2026
The First Sunday of Advent (we begin Cycle B readings)	November 29, 2026
Solemnity of the Immaculate Conception (Tuesday)	December 8, 2026
Solemnity of the Nativity of the Lord (Christmas)	Friday, December 25, 2026

Stay tuned for other upcoming events!



DuKare

In this season of winter please remember there are many in our community that still need your help. All your donations are greatly appreciated; **Manwich** and **jelly** are desperately needed at this time. Direct questions to Geri Basinski, Rose Jordan, I.D. Cleveland, Christopher Cronin or Linda Martin. The DuKare team appreciates everyone for their generous donations that help feed those in need.



Aid for Women
SPRING LUNCHEON
5 | 7 | 26
Skokie Country Club, Glencoe, IL

Guest Speaker:
Mark Schultz
Platinum-Selling, Award-Winning Singer and Songwriter

Invocation:
Fr. Wayne Watts
Pastor of Saints Joseph and Francis Xavier Parish, Wilmette

Scan for details & registration

helpaidforwomen.org/luncheon2026

Sacred Heart Parish Council Nomination Ballot

Parish Council Elections-elections will take place on **Sunday, April 12 and 19, 2026**. Two 3-year and one two-year positions that will be up for election. If you would like to run for or nominate someone for a position on the parish council please use this form. Place the form in the Nomination box or give it to Peggy Hoffmann

Nominations are due by April 5, 2026.

I, _____
would like to add **my name** to the parish council ballot.

Or

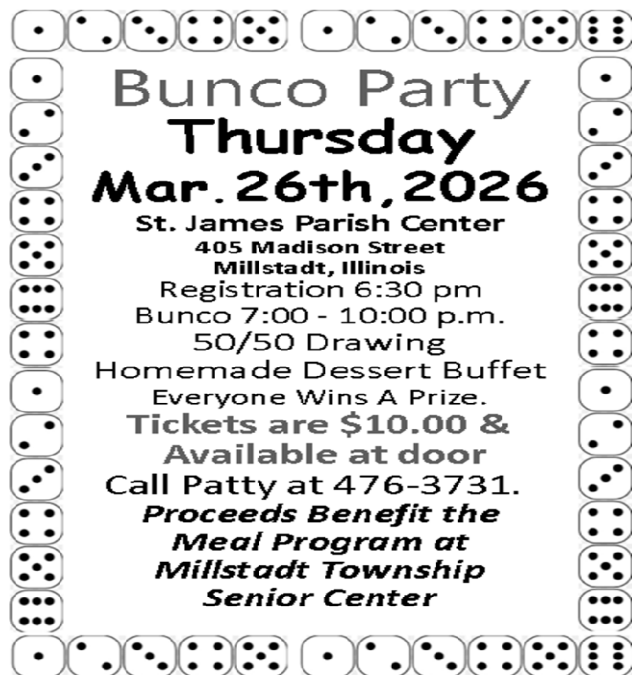
I, would like to **nominate:**

_____ to the parish council ballot.

Save the Date... The Knights of Columbus Color Raffle is coming Sunday, April 12, 2026 in Holy Family Gym in Cahokia Heights. Games start at 1 p.m.

Continue with Events around the Parish, within the Diocese and in the community

St. James Council of Catholic Women Presents...



**Bunco Party
Thursday
Mar. 26th, 2026**
St. James Parish Center
405 Madison Street
Millstadt, Illinois
Registration 6:30 pm
Bunco 7:00 - 10:00 p.m.
50/50 Drawing
Homemade Dessert Buffet
Everyone Wins A Prize.
**Tickets are \$10.00 &
Available at door**
Call Patty at 476-3731.
**Proceeds Benefit the
Meal Program at
Millstadt Township
Senior Center**

**Take Me Out to the Ballgame Noon Luncheon
Thursday, April 9, 2026**

Doors open at 10 a.m. Luncheon 12 (noon)-2:30 p.m.

Where: St. James Parish Center, 405 West Madison Street, Millstadt

Menu: Fried chicken, Au Gratin potatoes, seasoned green beans, slaw, Jello salad, dinner rolls, and dessert **Cost:** \$15

Fun activities: Quilt/Cash and Basket Raffles, Bingo, Sweet Shop and attendance prizes

Paid Advanced reservations required. Contact: Chris Toenjes at (618) 581-5429 or reserve on-line at:

Onecau.se/2026ccwluncheon

Tickets will not be sold at the door!

Singles Late 50s and Above

Are you looking for a renewed sense of purpose & belonging? Register today for a life-changing RENEW weekend retreat at the Pallottine Retreat Center (30 min from downtown St. Louis), on **April 10-12, 2026**. Take a chance and get involved... you won't regret it!

For details visit us by-email: renewretreat.stl@gmail.com, on our website: www.RenewRetreats.org, or by telephone at: (314) 703-1002 .

Kings House at the National Shrine of Our Lady of the Snows Visitor Center presents...

Church History Series: A History of Heaven and Hell

Presenter: Mark Etling, PhD
When: Saturdays, March 21, 28, 2026
Time: 10:00 am to 12:00 noon
Cost: \$15 per session/\$45 for the series

A History of Heaven and Hell

For centuries, thinkers both religious and secular have pondered the mystery of the afterlife. What happens when we die? Is there a place of eternal bliss – or eternal punishment? Will everyone experience happiness in the afterlife – or just some? Will we continue to exist at all? In this three-session series, we will explore the mystery of heaven and hell as it evolved in ancient Greek thought, in ancient Judaism, at the time of Jesus and in the theology of early Christianity. **For more information call 618-397-0584 or go to www.kh.snows.org**

***Violence Divine: Overcoming the Bible's Betrayal of Its Non-Violent God* – a 4-week spring video study featuring John Dominic Crossan**

Facilitator: Fr. Mark Dean, OMI
Dates: Tuesdays, April 7, 21, 28, May 5, 2026
Time: 10 am – 12 Noon

In this four-part series, one of the world's foremost historical Jesus scholars helps the church rise above the greatest of Christian treasons: that everlasting peace can only be achieved through the onslaught of divine violence.

Cost: \$20 for series; \$5 per session
For more information, call 618-397-0584
Register online at <https://kh.snows.org/events/2026-spring-vs/>

St. Teresa Church, Marydale DRIVE-THRU Chicken Dinner

Sunday, March 22, 2026 Serving 11 a.m. – 4 p.m.

Cost: \$15.00 per Meal
Meal includes: ½ Fried Chicken (4 pieces), Dressing, Mashed Potatoes & Gravy, Green Beans, Slaw
Available: Handmade Quilt Raffle
Located six miles north of Carlyle on Route 127
Follow the signs
(Follow us on Facebook @MarydaleStTeresa)