



Sacred Heart of Jesus Catholic Church

Diocese of Belleville

Office: (618) 286-4373

email: sacredheartdupo@gmail.com

Office Hours:

Website: <https://sacredheartdupo.org>

By Appointment

130 South Third Street, P. O. Box 35

Dupo, Illinois 62239

Administrator: Reverend Andrew J. Knopik



The Very Reverend Godfrey Muller, OSB
Administrator of the Diocese of Belleville



Parish Staff

Trustees:	Ms. Rose Jordan
	Mr. Dennis Martin
Parish Council President	Mr. Idus Cleveland
Secretary/Bulletin:	Mrs. Joan Scharf
Webmaster:	Mr. David Vernon
Liturgy Committee:	Mrs. Peggy Hoffmann
	Ms. Karen Pratt

Parish Organizations and Meetings

Parish Council-Second Tuesday of the Month @ 3:30 pm
Women's Club-Meetings are on the third Tuesday of the month at 6 pm (except June-August)
Quilters-Every Tuesday after 8 am Mass
Knights of Columbus-First (Business meeting @ 7:00 pm) and Third Wednesday (Social @ 7 pm)
Society of St. Vincent DePaul-First Monday of the month at 6:30 pm at Immaculate Conception Parish, Columbia in the Garden Level (except June-August)

Worship Opportunities

Saturday Vigil Mass:

5:00 p.m. at Holy Family, Cahokia

Sunday Masses:

8:00 a.m. Mass at Sacred Heart

9:00 a.m. Latin Mass at Holy Family (Log church)

10:00 a.m. Mass at Holy Family

Weekday Masses are at 8:00 a.m.

No Monday Morning Mass

Sacred Heart: Tuesday and Thursday

Holy Family: Wednesday and Friday

Reconciliation

Sunday at 7:30 a.m. and by appointment

Rosary

First Saturday of the month at 10:00 a.m.;
Depending on weather, we will meet in the church or Mary Garden

February 22, 2026

First Sunday in Lent

Year A

One Friday during Lent Father Mark decided to go through the Dairy Queen drive thru and get lunch. As he scanned the menu, he thought how wonderful the deluxe cheeseburger looked. But he reasoned that it is Lent and he should not get that. Then Satan chimed in and said, "Look Mark, you don't have your collar on and you're going through the drive thru, so who will know if you order that juicy hamburger?" When Father Mark's turn came to order, he ordered the juicy hamburger with bacon. When he arrived at the pickup window the girl said, "Father Mark, I thought you probably did not realize it was Friday and Lent, so I put a fish sandwich in the bag for you."

We begin our journey through Lent today. Lent is a time of penance, alms giving, prayer, and fasting. How many of us truly realize what the 40-day Lenten season represents? 40 days in the Bible (found in both the Old and New Testaments) is a traditional number symbolizing judgment, trial, and spiritual preparation. Early Christians began the observance of Lent (found in the Canons of Nicaea, dated around **325 AD**) to honor Jesus' Resurrection for man's redemption on Easter through spiritual preparation. By fasting as Jesus did for 40 days in the desert, voluntary self-denial as a form of penance, conversing with God in prayer, and giving of one's self and possessions as a way of removing false gods in our lives, we follow Jesus' sacrifice to honor our God. These sacrifices are meant to cleanse our minds, hearts, and souls and make room for God's love and forgiveness.

All three readings today reference temptation that began in the Garden of Eden and continues into the contemporary world. We are subject to the same temptations as Satan attempts to separate man from God. No one is exempt from Satan's attempts. In Matthew's Gospel, we hear how Satan tried to tempt Jesus before His public ministry began. St. Paul tells the Romans that just as sin entered the world through man, redemption came from God in the form of the man, Jesus Christ (Romans 5:12-19 NAB). As you begin your Lenten journey this year, take extra time each day to contemplate the love of our Father and His Son, Jesus Christ who says, "No one has greater love than this, to lay down one's life for one's friends." (John 15:13 NAB) Lent is a time to pay forward the love and sacrifice Jesus poured out for us.~Joan

THIS WEEK IN THE PARISH
(+ Deceased)

Sunday, February 22, The First Sunday of Lent

7:30 a.m. Confession is available

+ 8:00 a.m. @ Sacred Heart—**Herman and Ruth Berg+**

+ 9:00 a.m. Latin Mass in the Log Church—**Helen**

+ **Whited and family**

10:00 a.m. @ Holy Family—**Mary Jo Troske+**

Monday, February 23, St. Polycarp, Bishop and Martyr
No Mass

Tuesday, February 24, Weekday in Lent

8:00 a.m. @ Sacred Heart —**Jim and Nancy Merkley+**

Wednesday, February 25-Weekday in Lent

8:00 a.m. @ Holy Family—**Virgil Dively+**

Thursday, February 26-Weekday in Lent

8:00 a.m. @ Sacred Heart—**Allan Hoock+**

Friday, February 27-St. Gregory of Narek, Abbot and Doctor of the Church

8 a.m. @ Holy Family—**Parishioners of Holy**

Family

Stations of the Cross:

Holy Family after morning Mass

6:00 p.m. @ Sacred Heart

Saturday, February 28, Vigil of the Second Sunday of Lent

5:00 p.m. @ Holy Family—**Frances Nadler+**

Sunday, March 1, The Second Sunday of Lent

+ 7:30 a.m. Confession is available

+ 8:00 a.m. @ Sacred Heart—**Charles and Joan**

+ **Frederick+**

9:00 a.m. Latin Mass in the Log Church—**Renee and Carlos Gallegos**

10:00 a.m. @ Holy Family—**Virgil Dively+**



Parish SUPPORT

Please prayerfully consider your own stewardship and pray for the financial well being of Sacred Heart Parish

Due to early submission of the bulletin the tithing report will be reported next week.

Thank you for your generous support of our church.

On-Line giving available. You have the ability to safely and securely donate to Sacred Heart at: <https://sacredheartdupo.org/donate>.



The Second Sunday in Lent
March 1, 2026



Sacristan:

Rose Jordan/Joan Scharf

Lector

Joan Scharf

Host

Joan Scharf

Choir Host

Kathy Koebbe



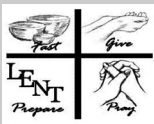
Lenten Abstinence and Fasting Regulations

Ash Wednesday and Good Friday are **obligatory days of fasting and abstinence for Catholics**. In addition, *Fridays during Lent are obligatory days of abstinence. For members of the Latin Catholic Church, the norms on fasting are obligatory from age 18 until age 59.* When fasting, a person is permitted to eat one full meal, as well as two smaller meals that together are not equal to a full meal. *The norms concerning abstinence from meat are binding upon members of the Latin Catholic Church from age 14 onwards. If possible, the fast on Good Friday is continued until the Easter Vigil (on Holy Saturday night) as the "paschal fast" to honor the suffering and death of the Lord Jesus and to prepare ourselves to share more fully and to celebrate more readily his Resurrection.* These guidelines can be found at: usccb.org

Black and Indian Missions Collection today, Sunday, February 22, 2026



Looking for a Lenten Project? St. Vincent dePaul Casserole Project is available.



Take a pan (or as many as you like) from the back of church, follow the recipe, freeze the uncooked casserole and return it to church by Sunday, March 14th. Some of the casseroles will be used to feed those neighbors within our communities who are in need and the rest will be delivered to soup kitchens to feed the hungry.

Direct questions to Rose Jordan or Butch and Joan Scharf.



The Women's Club Quilt Raffle

The Quilter's have another beautiful quilt ready and the raffle is **Sunday, March 8, 2026**. Tickets are available in the back of church. Be sure to take enough for your friends and relatives. **Patrons will have the opportunity to take the quilt or \$100 cash!**

For questions or extra tickets, please look in the box in the back of church or see Carol McClanahan or Mickey Casey.

SPECIAL PRAYER REQUESTS PLEASE PRAY FOR:



Paul Adams, Tony Albers, Cassidy Aldridge, David and Sandy Anderson, Laretta Anzalone, Kim Arnold, Lindsey Arnold, Donita Baldwin, Aubrey Bayard, Benjamin Bassler, Monica Bauer, Lydia Boyer and family, Jolene Carroll, Mildred Casey, Richard Chartrand, Todd Clasquin, I.D. Cleveland, Hannah, Julie Duke, Jerry and Marilyn Dycus, Mary Engleman, Eli Fielder, Loretta Gardner, Marion Gautreaux, Erica and Michael Golightly, Phyllis and Michael Gould, Joseph Gourley, Mary Gramm, Bryant Hahn, Christ Hallerman, Susan Heape, Jerry Hight, Linda Johnson, Earnest Jordan, Norma Karstetter, Richard Kelling, Maryann Klosterman, Hailey Kofron, Candice LaCroix, Constance LaCroix, William LaCroix, Randy Ladyman, Allen Lalk, Alice LaMastus, Steve Lawlor, Barbara Mallory, Linda Martin, Michele Martin, Duane McClanahan, Geraldine McCoy, Scott McIntosh, Joanna and Ron Mentel, Robin Miller, Sr. Emile Morgan, Tammy Murdoch, Kady Myers, Brian Nobbe, Dillan Oberson, Parker, Bill Pennock, Alyssa Rhyne, Kim Ross, David Ryder, Mary Schmid, Paul Schonlau, Dawn Snider, Abby Steffen, Kingston Todd, Patty Urke, Joshua Wade, Evermore Grace Wagner, Maryann Wagner, Angela and Emily Weber, Dave Werner, James Whipple, Ashlei Wilson and Steve Wilson.

Please remember teenagers and their overwhelming challenges. **If you know of someone that needs to be added or removed from this list, please let Joan Scharf know as soon as possible. Six day votive candles are \$3.00**

Please remember our Service Men and Women protecting our freedom!



Tressa Tucker, U.S. Air Force
Hunter Kelling, U. S. Navy
Joseph F. Gloeckner, U. S. Navy

Sister of Jake Weber
 Son of Holly and Travis Kelling
 Son of Michael and Renee Gloeckner



***Mass Intentions are a wonderful way to remember your loved ones, those who have special needs, or any special occasion. The recommended offering is \$10.00. Put your intention and money in the collection basket or send it to Joan at the parish office, P. O. Box 35, Dupo, Illinois 62239.* Available NOW!**

Hospital Visitations-Due to the new privacy laws most hospitals are not notifying the Pastor of parishioners who are in the hospital. If you or a loved one is in the hospital and wish for Reverend Andrew Knopik to visit, please leave a message for him at (618) 207-1308 with the name, hospital, and room number (if you have it).

Home Visitation and Communion-If anyone would appreciate a visit or Communion brought to their home please call Reverend Andrew Knopik at (618) 207-1308 or leave a message at the parish office (618-286-4373).

Hall Rental-For hall rental information please contact Karen Pratt at (618) 541-8698. The Parish Policy and Rental Agreement can be found on the website: <https://sacredheartdupo.org>

Where to Watch Mass-<https://www.youtube.com/@SacredHeartCatholicChurch-Dupo> or on our Facebook page at: [Sacred Heart Parish, Dupo, IL](https://www.facebook.com/SacredHeartParishDupoIL)

To get a digital copy of the bulletin just send your email address to sacredheartdupo@gmail.com



♪Happy Birthday to ♪ ♪ ♪You....Happy ♪ birthday ♪ to you...happy♪

birthday ♪ ♪dear...**February: 23rd-James Urke 25th-Jill Chartrand**

March: 3rd-Shirley Mallett

10th-Jagger Kenner and Geraldine McCoy 17th-Lindsey Kenner

24th-Ron Mentel 26th-Barbara Cleveland 27th-Tim Frederick



Happy Anniversary to...February

28th Ronald and Joanna Mental 55 Years

March

3rd Brad and Carol Cronin 45 Years

May each of you be richly blessed by the Lord! From Your faith family.

A new youth discernment site and program endorsed by the United States Conference of Catholic Bishops

Website & registration:<https://YouthReadSacredTextsWorldwide.org>



Quest - a 2 day faith experience for Freshmen and Sophomores. Learn about your relationships with yourself, others and God in fun ways -February 28-March 1 at St. Augustine parish Belleville IL.

Sign up at www.bellevilletec.org. Any questions, please contact bellevillequest@gmail.com.



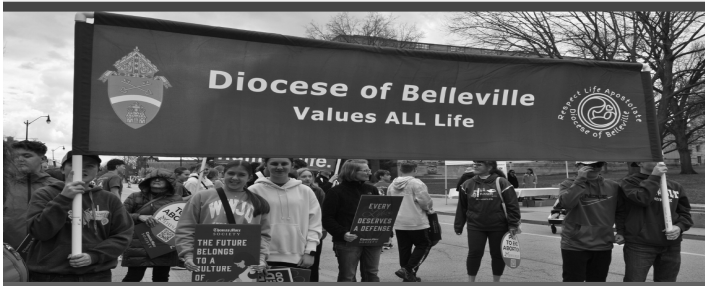
Catholic Service Ministry Appeal 2026 begins soon. . .
The one who does justice will live in the presence of the Lord - Psalm 15

As you begin to think about your 2026 budget, please consider your stewardship in helping the poor, the agencies and schools funded by the Diocese of Belleville. Last year we fell short of our goal. We pray that your new year be a prosperous one and that you will share your financial blessings with those within our Diocese who need assistance. Watch your mail for the 2026 appeal. Please prayerfully consider your stewardship for the organizations that assist those in need throughout the Diocese of Belleville.

Vocation Corner

“From a young age, I desired to be noticed by Jesus in a particular way. By age 13, Good Friday left me with an ache to suffer with the crucified Lord. At age 16, I read the Song of Songs and declared “I want a love like that.” Jesus became my first love. Though I was open to religious life, I also love the idea of marriage. In college, I replaced Jesus as the center of my life with the man I thought I’d marry. Deep down, I felt Jesus’ claim on my life and fought against Him for it, in restless pursuit of a tangible spouse. But Jesus brought me to surrender. In the Eucharistic presence of the divine bridegroom the attraction of all earthly bridegrooms faded away. Jesus gave himself entirely for me on the cross. I now yearned to give my whole self to him. Today, as a Passionist nun, I stand at the foot of the Cross, wedded to Redeeming Love. Jesus crucified does not disappoint. He is the fairest bridegroom of all.” Sr. Maria Faustina Carmichael; Passionist Nuns of St. Joseph Monastery; Columbia Magazine Oct. 2025

ILLINOIS PRO LIFE MARCH



JOIN US AT THE ILLINOIS PRO-LIFE MARCH
MARCH 19, 2026 | SPRINGFIELD, IL

10:00 AM – Holy Mass – Exposition Hall, State Fairgrounds
 1:00 PM – Rally – State Capitol Building
 2:00 PM – March Around the Capitol

A FREE TICKET IS REQUIRED FOR MASS
 Contact Molly King to reserve your tickets: mking@diobelle.org
 For information on bus transportation, T-Shirts, and parking visit www.diobelle.org/respectlife



Respect for Life Corner

“We often assume parenthood happens easily after ‘I do,’ but for many married couples, it does not. For some, the joy of conception never happens. Others suffer repeated miscarriages. Still others experience secondary infertility... If you experience difficulty bringing a child into your family, know that you are not alone. God is with you, and his Church desires to walk with you... God has a beautiful plan for your life as a married couple.”

USCCB Secretariat of Pro-Life Activities “Seven Considerations While Navigating Infertility” respectlife.org/navigating-infertility

GIBAULT CATHOLIC HIGH SCHOOL
GRADES 6-8

AMPLIFY
ART, MATH AND POETRY CONTESTS

ART CONTEST
 Categories: Drawing, Painting, Other 2D Art
 Submit work to your school office by 3pm on Friday, February 27th. Mrs. LeSaulnier will collect it.

MATH CONTEST
 4:00-4:15 Check-in 5:00-5:30 Break/Trivia
 4:15-4:20 Welcome 5:30 Awards
 4:30-5:00 Testing *Register at QR code below*

POETRY CONTEST
 Submit an original poem, 40 line maximum, to Mrs. Haley Kovarik at hkovarik@gibaulthawks.com by 3pm on Friday, February 27th.

Awards for All Contests Presented on
THURSDAY, MARCH 5TH
5:30PM

Gaudeamus
 — Let Us Rejoice!
SEMINARIAN GALA
 Answering the Call. Supporting the Journey.

Saturday, April 11
 Holy Trinity Church
 Fairview Hts., IL

4:00 pm - Mass
 5:00 pm - Cocktail Hour
 6:00 pm - Dinner & Auction

To Register please visit - <https://www.diobelle.org/>
 Or Scan the QR Code

For more information please contact Mary Fleming mleming@diobelle.org or 618-722-5031

Events around the Parish, within the Diocese and in the community

Singles Late 50s and Above

Are you looking for a renewed sense of purpose & belonging? Register today for a life-changing RENEW weekend retreat at the Pallottine Retreat Center (30 min from downtown St. Louis), on **April 10-12, 2026**. Take a chance and get involved... you won't regret it!

For details visit us by-email: renewretreat.stl@gmail.com, on our website: www.RenewRetreats.org, or by telephone at: (314) 703-1002 .



DuKare

In this season of winter please remember there are many in our community that still need your help. All your donations are greatly appreciated; **Tuna Helper, Ramen noodles and cereal (hot or cold)** are desperately needed at this time. Direct questions to Geri Basinski, Rose Jordan, I.D. Cleveland, Christopher Cronin or Linda Martin. The DuKare team appreciates everyone for their generous donations that help feed those in need.

SACRED HEART CHURCH

Trivia

March 14, 2026

Doors open at 5:30pm Trivia starts at 7:00pm

\$100 per table of 8 max
paid in advance

All checks payable to Sacred Heart Church PO Box 35, Dupu, IL 62239

1st Prize \$200
2nd Prize \$100
3rd Prize \$50

What:
silent auction
50/50
lottery board
cooler of booze
attendance prizes
Mulligans \$10

Bring your own
beverage and snacks

Auction Items may be
paid by cash/credit
or bank card

Where:
Sacred Heart Hall
124 South 3rd St
Dupu, IL 62239

Contact Sherri LaCroix 618-696-9451/Karen Pratt 618-541-8698

Here's what's happening in the 2026 Liturgical and parish Calendars

Stations of the Cross	Fridays @ 6:00 p.m. (February 20-March 27, 2026)
<i>Trivia Night</i>	March 14, 2026
Sacred Triduum	April 2-4, 2026
Easter Sunday	April 5, 2026
Solemnity Ascension of the Lord (Holy Day of Obligation)	Thursday, May 14, 2026
Pentecost Sunday	May 24, 2026
The Most Holy Body and Blood of Christ	June 7, 2026
Solemnity of the Assumption of the Blessed Virgin Mary (Saturday-obligation dispensed)	August 15, 2026
Solemnity of All Saints Day	November 1, 2026
The First Sunday of Advent (we begin Cycle B readings)	November 29, 2026
Solemnity of the Immaculate Conception (Tuesday)	December 8, 2026
Solemnity of the Nativity of the Lord (Christmas)	Friday, December 25, 2026

Stay tuned for other upcoming events!

Hearts Aflame

AN EVENING TO CELEBRATE AND DEEPEN LOVE FOR COUPLES MARRIED 10 YEARS OR LESS

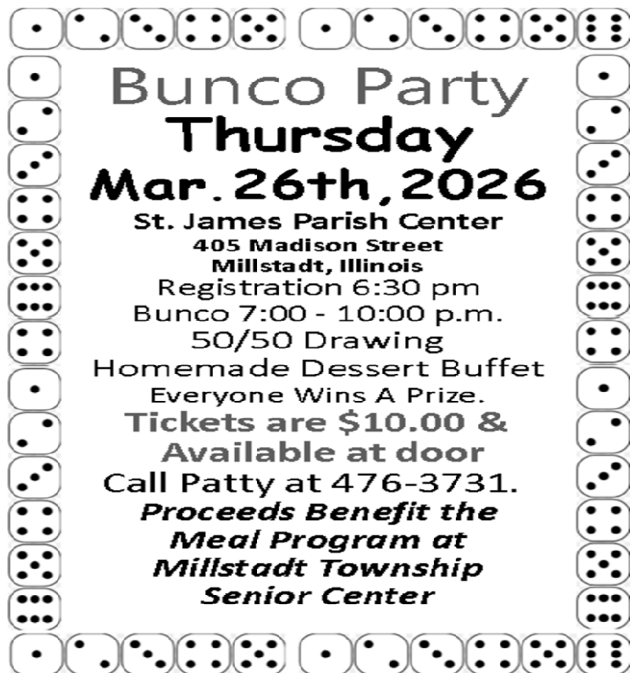
7 MARCH	Corpus Christi Church 205 Rasp Street, Shiloh, IL 62226
COCKTAILS 5:30 DINNER 6:15	Please RSVP Before February 27

Tickets are \$50 per couple and include dinner, drinks, talk and blessing by Fr. Robert Flannery, dance lesson, and babysitting

For info, e-mail Molly King (mking@diobelle.org)
Register with QR code at or www.diobelle.org/life-marriage-family/events

Continue with Events around the Parish, within the Diocese and in the community

St. James Council of Catholic Women Presents...



**Bunco Party
Thursday
Mar. 26th, 2026**
St. James Parish Center
 405 Madison Street
 Millstadt, Illinois
 Registration 6:30 pm
 Bunco 7:00 - 10:00 p.m.
 50/50 Drawing
 Homemade Dessert Buffet
 Everyone Wins A Prize.
Tickets are \$10.00 &
Available at door
Call Patty at 476-3731.
Proceeds Benefit the
Meal Program at
Millstadt Township
Senior Center

**Take Me Out to the Ballgame Noon Luncheon
Thursday, April 9, 2026**

Doors open at 10 a.m. Luncheon 12 (noon)-2:30 p.m.

Where: St. James Parish Center, 405 West Madison Street, Millstadt

Menu: Fried chicken, Au Gratin potatoes, seasoned green beans, slaw, Jello salad, dinner rolls, and dessert **Cost:** \$15

Fun activities: Quilt/Cash and Basket Raffles, Bingo, Sweet Shop and attendance prizes

Paid Advanced reservations required. Contact: Chris Toenjes at (618) 581-5429 or reserve on-line at:

Onecau.se/2026ccwluncheon

Tickets will not be sold at the door!

**St. Peter & Paul Catholic Church Waterloo, IL
Annual Wurstmarkt and Quilt/Cash Bingo
Sunday, February 22, 2026
Dinners: 11 a.m. to 3 p.m. Bingo: 1 p.m.**

Pork sausage dinners include mashed potatoes, sauerkraut, green beans, bread, dessert and drinks. Dine in or carry out. Adults-\$15 Carry outs-\$15 children under 12-\$8

Quilt/Cash Bingo uses paper cards for \$1 a card.

For more information contact the Parish Office at (618) 939-6426 ext. 401

Kings House at the National Shrine of Our Lady of the Snows Visitor Center presents...

**A Lenten Day of Reflection on the
Lenten Journey**

Presenter: Virginia Herbers
When: Thursday, March 5, 2026
Time: 10 a.m. to 3 p.m.
Cost: \$60 (includes lunch)

Lent is a time for greater reflection and greater attention to our faith journey. Our Lenten journey occurs as we cross a boundary from winter to spring, as we traverse a path that leads through darkness to light, through death to life, through pain to redemption. As we pray together on this day of reflection, we will explore the invitation to journey with God through those spaces and places, trusting that our final destination is the joy of new life.

For more information call 618-397-0584 or go to www.kh.snows.org

Lunch & Card Party

Tuesday, March 3, 2026

St. Luke's Parish Center

226 North Church St., Belleville, IL



Play Cards or a Board Game of your choice & BINGO
 Doors Open-10:30am, Lunch Served-Noon, Event Ends-3pm
 Delicious Lunch! Have fun & support St. Luke's Parish!

MENU: Chicken à la King over Biscuit,
 Tossed Salad, Chunky Applesauce,
 Cake, Coffee, hot tea, iced tea & water

Tally: \$10 (includes lunch or lunch carryout)
 Cards & BINGO with prizes

Bring canned goods
 for the Food Pantry



In case of bad weather, an announcement will be
 made on the parish website.